



## Speaker Review for Terry Healey

### A New Nurse's Journey Summit June 2025

I had the absolute honour of inviting Terry Healey to speak at A Nurse's Journey Summit in June 2025. His powerful story of undergoing up to 30 surgeries and the long road to recovery left a profound impact on every listener.

Terry opened his talk with the deeply reflective question he once asked himself: "How am I going to get back to who I was before?" What followed was a raw and honest journey through pain, resilience and transformation. He spoke vulnerably about the emotional toll of recovery and the quiet yet life changing role nurses played each day. With their presence, compassion and simple acts of kindness like a smile or knowing how he ticks was such a comfort and connection he so needed.

Terry's journey led him to discover a new purpose in life, one rooted in empathy, gratitude and the desire to inspire others walking similar paths. His decision to join a support group and share his story and vulnerabilities helped others heal while reinforcing his own healing process.

What make his interview especially touching was how he brought the nurse's impact full circle. He reminded us that behind every medical procedure is a human story and nurses are often the light in the darkest chapters. His heartfelt tribute

to nurses gave validation to the invisible work we do. The moments that often go unrecognized but clearly matter deeply to our patients.

As a nurse myself, hearing how Terry was seen, heard and given hope by our profession was incredibly moving. His story is not only an inspiration for other patients but a powerful reminder to nurses that our care does make a difference and sometimes more than we'll ever know.

Terry's message will stay with us for a long time. He embodies resilience, purpose and the kind of hope the world needs more of.

Julie Atkinson, RN

New Life New Legacy

Host - A Nurse's Journey Summit

Author- A New Nurse's Journey